

THE UNITED STATES ARMY RECRUITING COMMAND FUTURE SOLDIER PRE-EXECUTION CHECKLIST

(For use of this form see USAREC Reg 601-95)

1. NAME:	2. SSN:
3. MOS AND OPTION:	4. SHIP DATE:
5. RECRUITER OR SC:	6. RSID:

SECTION I - MANDATORY SHIP ITEMS AND/OR TASKS

RECRUITER OR SC INITIALS AND DATE	FUTURE SOLDIER INITIALS AND DATE	ITEM OR TASK
		SF 1199A (Direct Deposit Sign-Up Form) <i>(must have ATM card or checkbook to access account)</i>
		Establish AKO account <i>(Future Soldier will maintain password)</i> Username: _____
		USAREC Form 1134 (United States Army Future Soldier Training Program ID Card) <i>(AKO username and password affixed to back of card)</i>
		Pass physical fitness assessment Push-ups Repetitions: <input type="checkbox"/> Go <input type="checkbox"/> No-Go Sit-ups Repetitions: <input type="checkbox"/> Go <input type="checkbox"/> No-Go Run Time: <input type="checkbox"/> Go <input type="checkbox"/> No-Go
		Register for SMART <i>(www.futuresoldiers.com/html/referrals.jsp)</i>
		Future Soldier has all items on packing list <i>(no more, no less)</i>
		Current and valid Driver's License: _____ Expiration Date: _____
		DA Form 5500-R (Body Fat Content Worksheet (Male)) or DA Form 5501-R (Body Fat Content Worksheet (Female)) <i>(if applicable)</i>
		Regular Army and Reserve Components Referral (see sec III) <i>(if applicable)</i>
		Transportation to MEPS verified
		Marriage license <i>(if applicable)</i>
		Birth certificates <i>(if applicable)</i>
		Diploma <i>(if applicable)</i>
		Other documents, including MOS specific <i>(if applicable)</i> _____
		Other documents, including MOS specific <i>(if applicable)</i> _____

NOTES:

FUTURE SOLDIER SIGNATURE:	DATE:
---------------------------	-------

I have reviewed the above Future Soldier's qualifications and hereby confirm and verify the readiness of this Future Soldier for initial entry training. All mandatory documents are present and have been viewed by myself. All mandatory tasks have been completed.

RECRUITER OR STATION COMMANDER TYPED NAME AND SIGNATURE:	DATE:
--	-------

SECTION II - PRE-BASIC TRAINING TASK LIST

SHORT-TERM TASKS:	GO OR NO-GO AND DATE OF COMPLETION
MAKE REFERRAL <i>(not required task, recommended) (referral entered into sec III)</i>	/
MILITARY TIME	/
DRILL AND CEREMONIES	
● Execute the position of attention	/
● Execute the hand salute; know who and when to salute	/
● Execute rest positions	
● ● Parade rest	/
● ● At ease	/
● ● Stand at ease	/
● ● Rest	/
● Execute facing movements at the halt	
● ● Right face	/
● ● Left face	/
● ● About face	/
● Marching	
● ● Forward march	/
● ● Half step	/
● ● Change step	/
● ● Column left	/
● ● Column right	/
● ● Halt	/
RECITE GENERAL ORDERS	
● First general order	/
● Second general order	/
● Third general order	/
IDENTIFY RANK STRUCTURE	
● Enlisted	/
● Officer (commissioned and warrant)	/
RISK ASSESSMENT	
● Complete risk assessment scenarios using USAREC Form 1249 (Risk Management Worksheet)	/
PHONETIC ALPHABET	
● Know and pronounce phonetic alphabet	/
ARMY VALUES AND HISTORY	
● Army values and history test	/
LAND NAVIGATION	
● Identify terrain features on a map	/
● Determine the grid coordinates of a point on a military map	/
● Measure distance on a map	/
LONG-TERM TASKS:	
ARMY PHYSICAL FITNESS TEST (APFT) <i>(Applicant must achieve 60 points each event and all APFT events must be completed same day. Events must be performed to standards outlined in FM 21-20, Physical Fitness Training.)</i>	
● Push-ups Repetitions: Points:	/
● Sit-ups Repetitions: Points:	/
● 2-mile run Time: Points:	/
REFERRAL ENLISTMENT	
● Referral enlists <i>(not required task, recommended) (complete referral's information in sec III)</i>	/
* SCORE SOLDIER A GO IF HE OR SHE PERFORMS THE TASK SUCCESSFULLY (SUSTAINMENT TRAINING IS REQUIRED DURING ALL SUCCEEDING	
* SCORE SOLDIER A NO-GO IF HE OR SHE FAILS ONE OR MORE AREAS AND WHEN THE INSTRUCTOR IS UNABLE TO CORRECT THE DEFICIENCY ON THE SPOT (RETRAINING REQUIRED AT NEXT MILITARY FORMATION).	
* GO REQUIRED WITH DATE ON ALL TASKS EXCLUDING REFERRAL TASKS FOR SECTION II TO BE COMPLETE.	
STATION COMMANDER'S TYPED NAME AND SIGNATURE:	DATE:
NOTES:	
COMMANDING OFFICER'S TYPED NAME AND SIGNATURE:	DATE:

